学生本人の体調不良時の自宅待機目安

学生本人に、平熱より1度以上の発熱や咳などの症状がある

Yes

自宅待機

息苦しさ(呼吸困難)や強いだるさ (倦怠感)、高熱の症状のいずれかがある (※基礎疾患がある場合は風邪様の症状がある)

Yes 🚽

- ・自宅待機
- ・医療機関を受診、または「都道府県の受診・相談センター」に相談
- ・学務課へ連絡(別紙参照)

新型コロナウイルス感染と診断された

Yes

自宅待機(医療機関の指示に従って療養する)

★無症状で陽性となった場合、検体採取日から7日間(5日目に検査キットで陰性を確認した場合は5日間)経過した場合、登校可能

※ただし日数は目安であり、実際の期間については、各学生それぞれの状況を踏まえ、所属の部局 長等の判断により、この基準以上の期間自宅待機となる可能性がある。 No

No

登校可能

症状軽快後 24 時間経過した場合、 登校可能

症状が出た日から 7 日間経過し、 かつ症状軽快後 24 時間経過した場 合、登校可能 検査結果を学務課へ連絡する

発症日から7日間経過し、かつ症状軽快後24時間経過した場合、登校可能 検査結果を学務課へ連絡する

ただし、10 日間が経過するまでは、感染リスクが残存することから、マスクを着用し、自身による検温を続けること、高齢者等ハイリスク者との接触を避けること、感染リスクの高い場所の利用や会食等を避けること等、自主的な感染予防行動の徹底をしてください

No

家族等の体調不良時の自宅待機目安

No

No

No

学生本人は無症状だが、家族等に 平熱より1度以上の発熱と咳などの症状がある

Yes

学生本人は自宅待機

家族等に、息苦しさ(呼吸困難)や 強いだるさ(倦怠感)、高熱の症状のいずれかがある (※基礎疾患がある場合は風邪様の症状があれば)

Yes

- ・学生本人は自宅待機し、学務課へ連絡(別紙参照)
- ・家族等は、医療機関を受診、または「都道府県の受診・相談センター」に相談

家族等が新型コロナウイルス感染と診断された

Yes

・学生本人は自宅待機(保健所等の指示に従って待機する)

※ただし日数は目安であり、実際の期間については、各学生それぞれの状況を踏まえ、 所属の部局長等の判断により、この基準以上の期間自宅待機となる可能性がある。 **→** 登校可能

家族等の体調不調の症状が軽快した後 24 時間経過した場合、学生本人が登校 可能

家族等の体調不調の症状が軽快した後 24 時間経過した場合、学生本人が登校 可能

①家族等の発症日又は、当該家族等の発症等により住居内で感染対策を講じた日のいずれか遅い方を0日目として5日間経過した後、登校可能

②学生本人がPCR等検査で陽性の場合、検査後7日間経過し、かつ症状がない状況で24 時間経過した後、登校可能

検査結果を学務課へ連絡する

ただし、10 日間が経過するまでは、感染リスクが残存することから、マスクを着用し、自身による検温を続けること、高齢者等ハイリスク者との接触を避けること、感染リスクの高い場所の利用や会食等を避けること等、自主的な感染予防行動の徹底をしてください

新型コロナウイルスに感染^{※1}したら、 濃厚接触者^{※2}に指定されたら、 下記までご連絡ください。

- ※1 新型コロナウイルス感染症への感染が疑われる場合を含みます。
- ※2《濃厚接触者の定義》東京都HPより

感染可能期間(発症2日前等)に接触し、次の範囲に該当する方

- 1.同居あるいは長時間の接触(車内・航空機内等を含む)があった
- 2.適切な感染防護なしに患者を診察、看護もしくは介護した
- 3.患者の痰や体液等の汚染物質に直接触れた可能性が高い
- 4.手で触れることのできる距離(目安として1メートル)で、必要な感染予防策なしで、患者と15分以上の接触があった
- ◎新型コロナウイルス感染に関するご相談やご質問について も、下記までご連絡ください。
- ◎研究室等で陽性者が発生した場合の対応は、本部より部局担当者を通じて指示します。

【連絡先】 原則、Googleフォームにてご連絡ください。

<Googleフォーム> https://forms.gle/x7TN85zxEATLghmZ6



<電話>

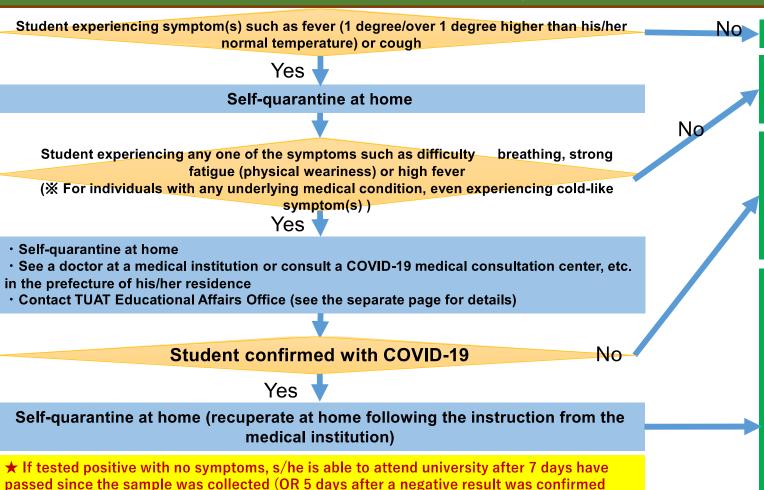
学生:042-367-5537 (学務課)

教職員:042-367-5933 (総務課環境安全管理室)

※業務時間外(休日、平日17:15~翌8:30)の電話連絡先 守衛室 042-367-5504

> 東京農工大学 学務課・総務課

Self-Quarantine Guide When Student Him/Herself is in Poor Physical Condition



** However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student

from a COVID-19 test taken on the 5th day with a test kit).

belongs to, based on the situation of each student.

Able to attend university

Able to attend university after 24 hours have passed since the symptoms were relieved

Able to attend university after 7 days have passed since the symptoms appeared AND 24 hours have passed since the symptoms were relieved

Report the test result(s) to TUAT Educational Affairs Office

Able to attend university after 7 days have passed since the symptoms appeared AND 24 hours have passed since the symptoms were relieved Report the test result(s) to TUAT Educational Affairs Office

However, the risk of infection remains until 10 days have passed. We ask that you take voluntary and thorough infection prevention measures; for example, wearing a mask, continue taking your temperature, avoiding contact with high-risk individuals such as the elderly, avoiding visits to places with a high risk of infection or eating out with a group, etc.

Self-Quarantine Guide When Student's Family Member, etc. is in Poor Physical Condition

Student him/herself experiencing no symptom; however, a family member, etc. experiencing symptom(s) such as fever (1 degree/over 1 degree higher than his/her normal temperature) or cough

Yes

Student him/herself is to self-quarantine at home

Family member, etc. experiencing any one of the symptoms such as difficulty breathing, strong fatigue (physical weariness) or high fever

(* For individuals with any underlying medical condition, even experiencing cold-like symptom(s))

Yes

- Student him/herself is to self-quarantine at home and contact TUAT Educational Affairs Office (see the separate page for details)
- Family member, etc. is to see a doctor at a medical institution or consult a COVID-19 medical consultation center, etc. in the prefecture of his/her residence

Family member, etc. confirmed with COVID-19

Yes •

- Student him/herself is to self-quarantine at home (self-quarantine following the instruction from the public healthcare center, etc.)
- X However, the number of days/hours given here is a guide. There is a possibility that the actual self-quarantine period may be longer than the period suggested by this guide, depending on the decision of the head of the department (or etc.) where the student belongs to, based on the situation of each student.

No

No

Able to attend university

Student is able to attend university after 24 hours have passed since the symptoms the family member, etc. experienced were relieved

Student is able to attend university after 24 hours have passed since the symptoms the family member, etc. experienced were relieved

- ① The student is able to attend university from "Day 6", meaning after 5 days have passed from "Day 0" ("Day 0" here is the later one of the two following dates: the date when the family member, etc. first experienced symptoms for COVID-19; OR the date when infection control measures in the residence were first taken due to the above-mentioned family member, etc. experiencing symptoms for COVID-19, etc.)
- ② If the student him/herself tested positive for a PCR test, etc., the student is able to attend university after 7 days have passed since the test was conducted AND 24 hours have passed without the symptoms re-appearing Report the test result(s) to TUAT Educational Affairs Office However, the risk of infection remains until 10 days have passed. We ask that you take voluntary and thorough infection prevention measures; for example, wearing a mask, continue taking your temperature, avoiding contact with high-risk individuals such as the elderly, avoiding visits to places with a high risk of infection or eating out with a group, etc.

If you become infected with COVID-19 ^{*1}, OR identified as a close contact to a COVID-19 positive individual ^{*2}, please contact the following.

- X1 Including suspected infection cases with COVID-19
- X2 << Definition of a close contact>> according to the website of Tokyo Metropolitan Government
 Those who had contact with a person who is confirmed with COVID-19 during the time when the
 infected person was possibly infectious (from 2 days before the infected person begins having symptoms,
 etc.) AND if engaged in one of the following activities:
 - 1. Lives together or had long-term contact with the infected person (including inside a car, plane, etc.)
- 2. Gave medical care or medical/physical assistance to the infected person without appropriate infection protection equipment
 - 3. Was at high risk of direct contact with the infected person's respiratory secretions or bodily fluids, etc.
- 4. Had contact with the infected person within arm's reach (about 1 meter), without necessary infection prevention measures, for 15 minutes or longer
- ©For general questions or concerns about COVID-19 transmission, you can also contact the following.
- ◎If one belonging to a laboratory, etc. is confirmed with COVID-19, Educational Affairs Office/General Affairs Office will provide instruction/guidelines to him/her through the office responsible for the student/staff confirmed with COVID-19.

[Contact] Please report via the following Google form, as a general rule. <Report on Google Forms>

https://forms.gle/x7TN85zxEATLghmZ6

- <Phone>
- Students: 042-367-5537 (Educational Affairs Office)
- Teaching/Administrative staff: 042-367-5933 (General Affairs Office Environmental Safety and Management Office)
- *During non-office hours (on weekends/holidays or on weekdays 17:15 8:30): 042-367-5504 (Security Office) (for international students: 070-4445-0097)



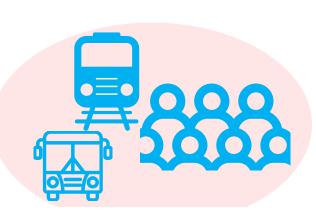
Mask Use Guidance Starting From 13 March 2023

Mask Use Will Largely Depend On Personal Choice instead of current general requirements

Mask use will be recommended for:



Medical institutions and nursing homes



In crowded trains or buses

Mask use will provide protection for:

People who have a higher risk of serious illness (*Especially in crowded settings)



Elderly People



Chronic liver disease Cancer Cardiovascular illness etc.

People with underlying medical conditions



Pregnant women

Please remember to be understanding and respectful of personal choices not to force someone to wear or take off their masks

*The operators are permitted to enforce certain regulations for its users and employees on its premises





Created: 10 February 2023